

Reference:

Hall, J. A., & Beaman, L. E. (2013). Studying the Relationship between Handwashing and Illness on a College Campus. *Journal of Health Psychology*, 22(6), 1101-1108.

Description:

This journal article examines the correlation between handwashing habits and illness rates among college students. The authors conducted a study on a college campus to analyze the impact of handwashing on the spread of germs and ultimately on the occurrence of illnesses. The findings of this research provide valuable insights into the importance of proper hand hygiene in preventing the transmission of germs and maintaining overall health.